

Day	Opening Hours	Members Swim			Fitness Session		
		Morning	Lunchtime	Evening	Morning	Lunchtime	Evening
Monday	0700 – 2200	0700 - 0900 Excluding 30 Sep		*1815 - 2000 16 Sep 2000 - 2100 Swimfit 16 Sep	0700 – 0900	1230 - 1400	1815 – 2200
Tuesday	0700 – 2200	0700 - 0815			0700 – 0900	1230 - 1400	1815 – 2200
Wednesday	0700 – 2200	0830 - 0930 Swimfit		2015 - 2115 Swimfit	0700 – 0900	1230 – 1400	1815 – 2200
Thursday	0700 – 2200	0815 - 0915 19 Sep	1230 - 1330 19 Sep		0700 - 0900	1230 - 1400	1815 - 2200
Friday	0700 - 2100	0830 - 0930 Swimfit			0700 - 0900		1815 - 2100
Saturday	0800 – 2000	0800 - 0900 Excluding 5 Oct	1300 - 1400 21 Sep		0800 – 1130		1700 - 2000
Sunday	0900 - 2100		1315 - 1600 Members, Family & Boarders		0900 - 2100		

KEY INFORMATION

Members swim will be updated should times become available. Updated (08/09/2019)

*Please be aware galas on Monday evening may affect member swim times (7 Oct).

Saturday 21st September the Gym is open to members 0800-2000 (Exeat)

General Information

LAST ENTRY & RECEPTION CLOSE- 30 mins prior to closure