



# SENNOCKE CENTRE

SEVENOAKS SCHOOL SPORTS CENTRE

## Timetable: 25<sup>th</sup> February – 29<sup>th</sup> March 2019

Day	Opening Hours	Members Swim			Fitness Session		
		Morning	Lunchtime	Evening	Morning	Lunchtime	Evening
Monday	0700 - 2200	0700 - 0945		*1815 – 2000 (5 lanes) 2000 - 2100 Swimfit	0700 - 0900	1230 - 1400	1815 - 2200
Tuesday	0700 - 2200	0700 - 0830			0700 - 0900	1230 - 1400	1815 - 2200
Wednesday	0700 - 2200	0830 - 0930 Swimfit	1215-1315 <b>Week A</b>	2000-2100 Swimfit	0700 - 0900	1230 - 1400	1815 - 2200
Thursday	0700 - 2200	0815-0945 <b>Week B</b>	1230 - 1345 <b>Week A Only</b>	1900-2000 Swimfit	0700 - 0900	1230 - 1400	1815 - 2200
Friday	0700 - 2100	0830 - 0930 Swimfit			0700 - 0900		1815 - 2100
Saturday	0800 - 2000	0800 - 0900		1745 – 1915	0800 - 1130		1700 - 2000
Sunday	0900 - 2100		1315 - 1600 Members, Family & Boarders		Members: 0900 – 2100 <b>Boarders: 1315 – 1615</b>		

### TIMETABLE CHANGES

**Week A** - Wednesday swim time (1215-1315) dates are 27<sup>th</sup> February, 13<sup>th</sup> & 27<sup>th</sup> March.

-Thursday swim time (1215-1345) dates are 28<sup>th</sup> February, 14<sup>th</sup> & 28<sup>th</sup> March.

**Week B** - Thursday swim time (0815-0945) dates are 7<sup>th</sup> & 21<sup>th</sup> March.

### MEMBERS INFORMATION

-Saturday 9<sup>th</sup> March Gym is open 0800-2000 (Exeat)

- **Boarders gym session is 1315-1615**. All members are welcome to attend the gym during this time.

### SWIM FIT & FAST CLASSES

Swim Fit is a lane swimming session with a qualified Swim Fit instructor available if you require.

Timetable for Fast Classes & Swim Fit available at: [www.sennockecentre.co.uk/fitness-classes/fitness-wellbeing](http://www.sennockecentre.co.uk/fitness-classes/fitness-wellbeing)

How to contact us:

Reception: 01732 467750

General Enquires: [sennockesport@sevenoaksschool.org](mailto:sennockesport@sevenoaksschool.org)

Website: [www.sennockecentre.co.uk](http://www.sennockecentre.co.uk)

The last entry to the facility is 30 minutes prior to the session end. The changing rooms will be available up to 15 minutes after the end of the session. Fitness Changing Facilities will not be accessible during the school day. Reception will close 15 minutes before the centre closes.



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