



SENNOCKE CENTRE

SEVENOAKS SCHOOL SPORTS CENTRE

Timetable: 19th November – 14th December 2018

Day	Opening Hours	Members Swim			Fitness Session		
		Morning	Lunchtime	Evening	Morning	Lunchtime	Evening
Monday	0700 - 2200	0700 - 0915		*1815 - 2000 (5 lanes) 2000 - 2100 Swimfit	0700 - 0900	1230 - 1400	1815 - 2200
Tuesday	0700 - 2200	0700 - 0815			0700 - 0900	1230 - 1400	1815 - 2200
Wednesday	0700 - 2200	0830 - 0930 Swimfit	1215-1315	2015-2115 Swimfit	0700 - 0900	1230 - 1400	1815 - 2200
Thursday	0700 - 2200	0815-0915 Week B	0930-1030 Week B	1230 - 1345 Week A Only	0700 - 0900	1230 - 1400	1815 - 2200
Friday	0700 - 2100	0830 - 0930 Swimfit			0700 - 0900		1815 - 2100
Saturday	0800 - 2000	0800 - 0900 5 lanes		1745 - 1915	0800 - 1130		1700 - 2000
Sunday	0900 - 2100		1315 - 1600 Members, Family & Boarders		0900 - 2100		

TIMETABLE CHANGES

Week A - Members Thursday swim times (1230-1345) dates running 22nd November & 6th December.

Week B - Members Thursday swim times (0815-0915 & 0930-1030) dates running 29th November & 13th December.

MEMBERS INFORMATION

*Galas may run into members swim times, dates TBC

Saturday 24th November the gym will be open 0800-2000

SWIM FIT & FAST CLASSES

Swim Fit is a lane swimming session with a qualified Swim Fit instructor available if you require.

Timetable for Fast Classes & Swim Fit available at: www.sennockecentre.co.uk/fitness-classes/fitness-wellbeing

How to contact us:

Reception: 01732 467750

General Enquires: sennockesport@sevenoaksschool.org

Website: www.sennockecentre.co.uk

The last entry to the facility is 30 minutes prior to the session end. The changing rooms will be available up to 15 minutes after the end of the session. Fitness Changing Facilities will not be accessible during the school day. Reception will close 15 minutes before the centre closes.



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