

Community Programme

Monday 1st August to Sunday 28th August (School Holiday)

Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Swimfit Sessions		0745-0900				0800-0900	
Fitness Classes		1830-1915 Circuits		1830-1915 Circuits		0815-0900 Outdoor Summer Bootcamp	1115-1215 Box Fit

Swimfit: Our sessions are self led with Swimfit programme cards available on poolside.

Payment: 10 Swimfit Sessions £50.00 Payable by Cash only at Reception (exact amount only please).

Trial Session for Swimfit is available for £5.00

Fitness Classes

Payment: 10 fitness classes £50.00 5 fitness classes £25.00

Payable by cash only at Reception (exact amount only please)

Please email sennockesport@sevenoaksschool.org for further information.

CANCELLATIONS

No Circuits Class 9th & 11th August

Please refer to our website for updates on
the pool opening

<https://www.sennockecentre.co.uk/home/>