



SENNOCKE CENTRE

SEVENOAKS SCHOOL SPORTS CENTRE

Timetable: 4th September – 15th October 2017

Day	Opening Hours	Members Swim			Fitness Session		
		Morning	Lunchtime	Evening	Morning	Lunchtime	Evening
Monday	0700 - 2200	0700 - 0915		*1730 - 2000 (4 lanes) 2000 - 2100 Swimfit lanes	0700 - 0930	1230 - 1400	1745 - 2200
Tuesday	0700 - 2200	0700 - 0915	1230 - 1330 (26 th Sept & 10 th Oct Only)	2030 - 2130 Swim Fit (4 Lanes)	0700 - 0930	1230 - 1400	1745 - 2200
Wednesday	0700 - 2200	0840 - 0940 Swimfit lanes		2015 - 2115 Swimfit lanes	0700 - 0930	1230 - 1400	1745 - 2200
Thursday	0700 - 2200	0800 - 0915	1230 - 1400	1900 - 2000 Stroke Development	0700 - 0930	1230 - 1400	1745 - 2200
Friday	0700 - 2100	0840 - 0940 Swimfit lanes		1900 - 2030	0700 - 0930		1745 - 2100
Saturday	0800 - 2000	0800 - 0900 5 lanes		1745 - 1915	0800 - 1130		1700 - 2000
Sunday	0900 - 2100		1315 - 1600 Members, Family & Boarders		0900 - 2100		

MEMBERS INFORMATION

Please note no bags to be taken into the fitness suite.

Locker keys are available from reception.

Fitness Changing Facilities will not be accessible during the school day.

IMPORTANT INFORMATION

* Galas may run into members swim times – Mon 18th Sept, Mon 9th Oct.

FAST CLASSES & SWIM FIT

Fast Classes & Swim Fit sessions are included in the fitness membership.

Timetable for Fast Classes & Swim Fit available at:
www.sennockecentre.co.uk/fitness-classes/fitness-wellbeing

How to contact us:

Reception: 01732 467750

General Enquires: sennockesport@sevenoaksschool.org

Website: www.sennockecentre.co.uk

The last entry to the facility is 30 minutes prior to the session end. The changing rooms will be available up to 15 minutes after the end of the session.

Reception will close 15 minutes before the centre closes. Leisure attendants will be in the building in case of emergency.



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