

Sevenoaks Sports Camps

From Monday 12 to Friday 16 February 2018

Skills Development Camps

Netball Camp - Ages 8-14 years (3 days)

Sevenoaks Netball Camps have been designed for girls to focus on all key areas of netball, including attacking, defending, shooting and core skills, through the use of fun and effective coaching.

Football Camp - Ages 11-14 years (3 days)

The camp will look to develop individual skills, set piece and positional skills, match awareness and on-field leadership and will be delivered by qualified UEFA level coaches from Sevenoaks School and local clubs.

Squash Camp - Ages 13-18 years (3 days)

All participants will learn various techniques, play lots of matches against opponents with similar ability and develop their game and court management skills. Whether a beginner or a more experienced player, we can cater for your child's needs.

Boys Rugby Camp - Ages 10-14 years (3 days)

The camp has been designed for boys to focus on all key areas of rugby, including, catch and pass, the tackle, breakdown and support play. All ability levels are welcome to take part in the camp, learning new and developing on existing skills.

Other Sports Options

Multi Sports Camp - Ages 8-11 years (3 or 5 day option)

For our younger budding sporting stars our multi-sports camp provides a fast-paced atmosphere for all abilities to take part in a variety of sports. These will include Football, Mini Tennis, Badminton, Futsal, Kwik Cricket, Hockey, Tag Rugby and Basketball.

Girls Rugby Taster - Ages 8-14 years (1 day)

This Taster Day will be delivered by our own RFU Level 1 & 2 coaching staff and, although yet to be confirmed, supported by Kent's own Rachael Burford, the Harlequins Captain and England World Cup star. The Head of Harlequins Women's Rugby Operations, Michele Mayhew has also offered to join us on the day.

*Early drop off and late pick for our Warm Up and Cool Down Camps is optional. Additional charges will apply.

Optional Warm Up
and Cool Down Clubs
from 0800-0900 and
1500-1600*



For more information please visit our website

www.sennockecentre.co.uk/sportscamps



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